



## CITY SAILING SERIES



### **RACE TRAINING WITH HANNAH STODEL RACING** On Friday 16th September on the Solent near Hill Head



Starts at 1200 in the vicinity of Hill Head red channel buoy and ends with a post briefing at the Island Sailing Club in Cowes followed by supper.

Learn and practice with Hannah or Stevie on board your boat for a race as part of a series of short races about **SAIL TRIM, CREWING AND LOADS OF TIPS.**

Boats may want to stay in West Cowes overnight on Friday to be close to the start of the Finn and Spread Eagle Regatta on Saturday and Sunday (Book separately).

Costs per boat £80 and £35 per person to include 3 course dinner. Numbers are **limited** so Book early through the Little Ship Club website with boat, and crew names as soon as possible.

<https://littleshipclub.co.uk/event/racing-south-coast-external-event/race-training-day-friday-16-september-2022>

