The Exaltation of the Holy Cross

The Cross stands at the heart of the Christian Faith. Holy Cross Day invites us to a fresh and more intense meditation upon the mystery of the Lord's Cross.

The Feast was established to recall two significant events: the finding of the Holy Cross in Jerusalem by St Helena in AD326, and the dedication of the Church of the Holy Sepulchre in Jerusalem in AD335.

This Feast invites the Faithful to enter afresh and with renewed devotion into the wonderful mystery of which the cross is the symbol, and the sacrifice of which the cross is the altar. Upon a Roman cross the incarnate Son of God entered into utter God-forsakenness, into the abyss and abandonment of death, for love of all mankind. It is why we cling to the cross, because for us our Saviour clung to it in love.

Inscribed upon the Cross we see In shining letters, 'God is love!' He bears our sins upon the tree, He brings us mercy from above.

The Cross, it takes our guilt away; It holds the fainting spirit up; It cheers with hope the gloomy day, And sweetens every bitter cup.

Prayer for Holy Cross Day

Almighty God, whose Son our Saviour Jesus Christ was lifted high upon the Cross that he might draw the whole world unto himself: mercifully grant that we, who glory in the mystery of our redemption, may have grace to take up our cross and follow him; who liveth and reighneth with thee, in the unity of the Holy Spirit, ever one God, world without end. Amen.



Sunday 14th Sept. 2025 Holy Cross Day Gospel: John 3: 13 – 17

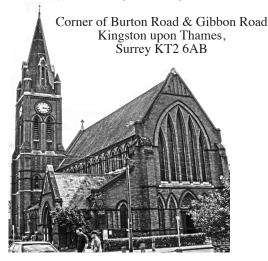


We hear in today's Gospel that "God did not send the Son into the world to condemn the world, but in order that the world might be saved through Him." The Cross as a sign of our salvation was one of themes of the 19th century Catholic Revival in the Church of England. For example, the hymn 'Lift high the cross, the love of Christ proclaim' dates from this period.

The emphasis on the Cross as a sign recalls the Emperor Constantine's vision and the words 'in hoc signo vinces', translated as 'in this sign thou shalt conquer', which acts as the motto of The Society of the Holy Cross (SSC). The SSC was founded in 1855 by a group of Anglo-Catholic priests and led by Fr Charles Lowder of London Docks and continues to this day.

We adore you, O Christ, and we bless you, because, by your Holy Cross, you have redeemed the world. -11-

St Luke's Parish Church Kingston upon Thames



We welcome you to St Luke's Kingston, a traditional Forward in Faith parish under the jurisdiction of the Bishop of Fulham the Rt Rev'd Jonathan Baker. His website is: http://www.bishopoffulham.org.uk.

As a community we are dedicated to making the love of Christ known through excellence in worship and active care and concern for others.

St Luke's Church is kept open most days during the daylight hours for prayer and meditation.

SUNDAY SERVICES

8.00am Said Mass 10.30am Sung Mass 5.00pm Evening Prayer

WEEKDAYS

8.00am Mass Tuesday/ Thursday & Friday 9.00am Mass Wednesday

THIS WEEK

MONDAY 15th September: Our Lady of Sorrows *Hebrews 5:7-9; Ps31(30):2-6. 15-16. 20.; Luke 2:33-35*

TUESDAY 16th September: Saints Cornelius, Pope, and Cyprian, B,M 2 Corinthians 4:7-15; Ps 126(125):1-6; John 17:11b-19 8.00am - Mass

WEDNESDAY 17th September: Feria of 24th Wk in OT 1 Timothy 3:14-16; Ps 111(110):1-6; Luke 7:31-35 9.00am - Mass

THURSDAY 18th September: Feria of 24th Wk in OT 1 Timothy 4:12-16; Ps 111(110):7-8. 9. 10; Luke 7:36-50 8.00am - Mass

FRIDAY 19th September: Feria of 24th Wk in OT *1 Timothy 6:2c-12; Ps 49(48):6-7. 8-10. 17-20; Luke 8:1-3* 8.00am - Mass

SATURDAY 20th September Saints Andrew Kim Taegon, Priest, and Paul Chong Hasang, and their Companions, Martyrs *Wisdom 3:1-9 or Romans 8:31b-39; Ps 126(125):1-6; Luke 9:23-26*

Join Zoom Meeting- Sunday 10.30am https://us02web.zoom.us/j/84180162383?pwd=Q2lYdXFU TW5iaVc4NmdBZ0l4alZxUT09

Meeting ID: 824 6111 3281 Passcode: 28453

THE PARISH OFFICE

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PARISH CONTACTS

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Churchwarden: Ald. Patrick Codd

Phone: 020 8286 3319

Organist & Director of Music: Mr Chris O'Neill

Phone: 07974 804545

E-mail: music@stlukeskingston.uk

HEALING PRAYER

We pray for our troubled world. We ask for the power of the Holy Spirit to transform our lives and help others to come to know the love of Christ. We pray for those whose families are shattered by violence and for those who strive for reconciliation, peace and justice.

We pray that the Lord's healing love will comfort and strengthen all those in sickness of mind, body and soul; for Sue Codd, Patricia Davidge and Fr Hugh Mead.

Especially we pray for:- Gillian, Susan S, Orien, Patrick Codd, Elizabeth Gardiner, Blanche Girouard, Shelia Austin, Maria, Philip Ransom and David Stone.

THE RECENTLY DEPARTED

Maureen

ANNIVERSARIES OF DEATH:

TODAY: Dilys Hislop, Colin O'Neill, Amanda Dunne, Brenda Cotton

THURSDAY: Gladys Hanham

FRIDAY: Agnes Skinner

SATURDAY: Nancy Herbert, Helen Burgess



HELP THE PARISH AS YOU SHOP

Online shopping is increasing and if you use this mode of shopping you can benefit St Luke's at no cost to you!

www.easyfundraising.org.uk has over 4000 shops and sites which will donate to us at no extra cost to yourself, including big name retailers like John Lewis, Argos, M&S.

All you have to do is go through easy fundraising website or App whenever you shop online and then the parish receives a % of your spend as a free donation, at no extra cost to you or the parish.

www.easyfundraising.org.uk kingston stlukes pcc

THE ANGELUS



It is our custom, before we go home, to make this traditional memorial of the Incarnation of our Lord Jesus Christ:

- v. The Angel of the Lord brought tidings unto Mary.
- R. And she conceived by the Holy Spirit.

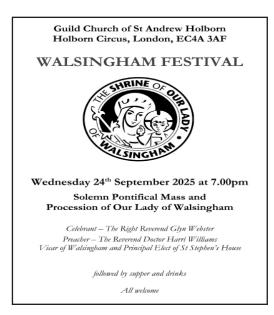
All: Hail, Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death.

- v. Behold the handmaid of the Lord.
- R. Be it unto me according to thy word. All: Hail, Mary . . .
- v. And the Word became flesh.
- R. And dwelt among us. All: Hail, Mary . . .
- v. Pray for us, O holy Mother of God.
- R. That we may be made worthy of the promises of Christ.

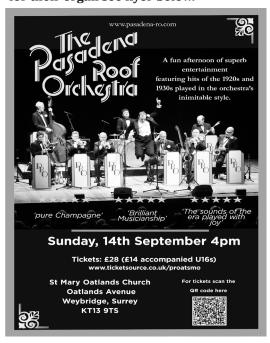
The priest prays the Collect. The people respond: Amen.

ORGAN MUSIC

Processional March - J Warriner



Dr Jennifer Frazer Director of Music at St Mary's Church, Oatlands and good friend of St Luke's is having a fundrasing concert for their organ see flyer below.



The Exaltation of the **Holy Cross**

INTRODUCTORY RITES

ORGAN MUSIC

Invocation – C Rossini

ENTRANCE HYMN

384. Jesu, my Lord, my God, my All Jesu, my Lord, my God, my All, Hear me, blest Saviour, when I call; Hear me, and from thy dwelling-place Pour down the riches of thy grace:

Refrain:

Jesu, my Lord, I thee adore, O make me love thee more and more.

Jesu, too late I thee have sought, How can I love thee as I ought? And how extol thy matchless fame, The glorious beauty of thy name? [Refrain]

Jesu, what didst thou find in me, That thou hast dealt so lovingly? How great the joy that thou hast brought, So far exceeding hope or thought! [Refrain]

Jesu, of thee shall be my song, To thee my heart and soul belong; All that I am or have is thine, And thou, sweet Saviour, thou art mine. [Refrain]

ANTIPHON

We should glory in the Cross of our Lord Jesus Christ, in whom is our salvation, life and resurrection, through whom we are saved and delivered.

GREETING

In the name of the Father, and of the Son, Priest:

and of the Holy Spirit.

Amen. All:

Priest: The Lord be with you. People: And with your spirit.

The celebrant introduces the Mass

PENITENTIAL ACT

The Priest asks the people to acknowledge their sins. After a pause for silence:

All: I confess to almighty God,

> and to you, my brothers and sisters, that I have greatly sinned in my thoughts and in my words, in what I have done,

and in what I have failed to do;

And, striking their breast, they say:

through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary, ever-Virgin, all the angels and saints,

and you, my brothers and sisters, to pray for me to the Lord our God.

May almighty God have mercy on us, Priest:

forgive us our sins,

and bring us to everlasting life.

Amen. People:

KYRIE ELEISON

Choir: Kyrie eleison. (Lord, have mercy.)

(Lord, have mercy.) Kyrie eleison.

Christe eleison. (Christ, have mercy.)
Christe eleison. (Christ, have mercy.)
Kyrie eleison. (Lord, have mercy.)
Kyrie eleison. (Lord, have mercy.)

GLORIA

All: Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, only begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world: have mercy on us; you take away the sins of the world: receive our prayer; you are seated at the right hand of the Father: have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.



COLLECT

Priest: O God, who willed that your Only Begotten Son should undergo the Cross to save the human race, grant, we pray, that we, who have known his mystery on earth, may merit the grace of his redemption in heaven. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. *All:* **Amen**

The people SIT

LITURGY OF THE WORD

THE FIRST READING Numbers 21:4b-9

A reading from the book of Numbers.

In those days: The people became impatient on the way. And the people spoke against God and against Moses, 'Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we loathe this worthless food.' Then the Lord sent fiery serpents among the people, and they bit the people, so that many people of Israel died. And the people came to Moses and said, 'We have sinned, for we have spoken against the Lord and against you. Pray to the Lord, that he take away the serpents from us.' So Moses prayed for the people. And the Lord said to Moses, 'Make a fiery serpent and set it on a pole, and everyone who is bitten, when he sees it, shall live.' So Moses made a bronze serpent and set it on a pole. And if a serpent bit anyone, he would look at the bronze serpent and live.

The Word of the Lord. *All:* **Thanks be to God**

THE RESPONSORIAL PSALM Ps 78(77)

R. Never forget the deeds of the Lord!

Give ear, my people, to my teaching; incline your ear to the words of my mouth. I will open my mouth in a parable and utter hidden lessons of the past. **R.**

When he slew them, then they sought him, repented and earnestly sought God. They would remember that God was their rock. God the Most High their redeemer. **R.**



Holy Communion is now given.

COMMUNION ANTIPHON

When I am lifted up from the earth, I will draw everyone to myself, says the Lord

COMMUNION ANTHEM

Psalm 121 - H Walford Davies 1869-1941

The People STAND

COMMUNION HYMN

379. In the Cross of Christ I glory

In the cross of Christ I glory, Towering o'er the wrecks of time; All the light of sacred story Gathers round its head sublime.

When the woes of life o'ertake me, Hopes deceive and fears annoy, Never shall the Cross forsake me: Lo! it glows with peace and joy.

When the sun of bliss is beaming Light and love upon my way, From the Cross the radiance streaming, Adds more lustre to the day.

Bane and blessing, pain and pleasure, By the Cross are sanctified; Peace is there that knows no measure, Joys that through all time abide.

PRAYER AFTER COMMUNION

Priest: Having been nourished by your holy banquet,we beseech you, Lord Jesus Christ, to bring those you have redeemed by the wood of your life-giving Cross to the glory of the resurrection. Who live and reign for ever and ever.

All: Amen

CONCLUDING RITE

BLESSING AND DISMISSAL

Priest: The Lord be with you. People: And with your spirit.

The Priest blesses the people, who respond: Amen.

Priest: Go in peace to love and serve the lord.

People: Thanks be to God

FINAL HYMN

438 Praise to God, whose word was spoken

Praise to God, whose word was spoken. In the deed which made the earth; His the voice that called a nation, His the fires that tried her worth. God has spoken: Praise him for his saving word.

Praise to God whose word was written In the Scripture's sacred page, Record of the revelation Showing him to every age. God has spoken: Praise him for his saving word.

Praise to God whose Word incarnate Glorified the flesh of man, Deeds and words and death and rising Tell the grace in heaven's plan. God has spoken:
Praise him for his saving word.

Praise to God who through his Spirit Ever speaks his word to man; Spirit, dwelling deep with in us, Show us all the Father's plan. God is speaking: Praise him for his saving word. -8-

of your love, we may be counted now until the day of eternity among the members of your Son, in whose Body and Blood we have communion.

Lord renew your Church by the light of the Gospel. Strengthen the bond of unity between the faithful and the pastors of your people, together with Jonathan our Bishop, the whole Order of Bishops, that in a world torn by strife your people may shine forth as a prophetic sign of unity and concord.

Remember our brothers and sisters who have fallen asleep in the peace of your Christ, and all the dead, whose faith you have known. Admit them to rejoice in the light of your face, and in the resurrection give them the fullness of life.

Grant also to us, when our earthly pilgrimage is done, that we may come to an eternal dwelling place and live with you for ever; there, in communion with the Blessed Virgin Mary, Mother of God, with the Apostles and Martyrs, with Saint Luke and with all the Saints, we shall praise and exalt you through Jesus Christ, your Son.

Through him, and with him, and in him, O God, almighty Father, in the unity of the holy Spirit, all glory and honour is yours, for ever and ever.

All: Amen.

The People STAND

THE COMMUNION RITE

Priest: At the Saviour's command,

and formed by divine teaching, we dare to say

All: Our Father, who art in heaven;

hallowed be thy name. Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread. And forgive us our trespasses

as we forgive those who trespass against us.

And lead us not into temptation: but deliver us from evil.

Priest: Deliver us, Lord, we pray, from every evil,

graciously grant peace in our days, that by the help of your mercy we may always be free from sin and safe from all distress, as we await the blessed hope

and the coming of our Saviour, Jesus Christ.

All: For the kingdom, the power, and the glory are yours, now and forever.

Priest: Lord Jesus Christ, who said to your Apostles:

Peace I leave you, my peace I give you:

look not on our sins, but on the faith of your Church,

and graciously grant her peace and unity

in accordance with your will.

Who live and reign for ever and ever.

All: Amen.

Priest: The peace of the Lord be with you always.

All: And with your spirit.

BREAKING OF THE BREAD

Choir: Lamb of God, you take away the sins of the world:

have mercy on us.

Lamb of God, you take away the sins of the world:

have mercy on us.

Lamb of God, you take away the sins of the world:

grant us peace.

Priest: Behold the Lamb of God,

behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

All: Lord, I am not worthy

that you should enter under my roof, but only say the word

and my soul shall be healed.

Yet they deceived him with their mouths; they lied to him with their tongues. For their hearts were not steadfast towards him; they were not faithful to his covenant.. **R**.

Yet he who is full of compassion forgave them their sin and spared them. So often he held back his anger, and did not stir up all his rage. **R**.

THE SECOND READING Philippians 2:6-11

A reading from the letter of St Paul to Philippians.

Christ Jesus, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. Therefore God has highly exalted him and bestowed on him the name that is above every name, so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

The Word of the Lord All: Thanks be to God

The People STAND

GOSPEL ACCLAMATION

v. Alleluia, alleluia, alleluia!

R. Alleluia, alleluia, alleluia!

v. We adore you, O Christ, and we bless you, because by your Cross you have redeemed the world.

R. Alleluia, alleluia, alleluia!

THE GOSPEL John 3:13-17

Priest: The Lord be with you.People: And with your spirit.

Priest: A Reading from the Holy Gospel according to John

People: Glory to you, O Lord.

At that time: Jesus said to Nicodemus, 'No one has ascended into heaven except he who descended from heaven, the Son of Man. And as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world, that he gave his only begotten Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him.'

Priest: The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

HOMILY *The people SIT*

NICENE CREED The people STAND

I believe in one God, the Father Almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord, Jesus Christ, the Only Begotten Son of God, begotten of the Father before all ages, God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven:

All bow: and by the Holy Spirit

was incarnate of the Virgin Mary,

and became man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.
He ascended into heaven, and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead, and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one holy catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE FAITHFUL

The people KNEEL or SIT

At the end of each bidding, silence is kept, followed by:

Lord, hear us.

People: Lord, graciously hear us.

At the end of the prayers: People: **Amen.**

THE LITURGY OF THE EUCHARIST

The people STAND

The gifts will now be taken up to the altar and a collection will be taken from the congregation.

The offertory refers to two related parts of a service: the ceremonial presentation of gifts (bread and wine for Communion, and money from the collection) to the altar, and the act of giving by the congregation as a sign of gratitude to God and participation in the Mass. It symbolises bringing the fruits of God's creation and the community's contributions to God's purposes, preparing for the Eucharist.

OFFERTORY HYMN

[Refrain

Lift high the cross, the love of Christ proclaim Till all the world adore his sacred name.

Come, Christians, follow where our Captain trod, Our King victorious, Christ the Son of God. [Refrain]

Led on their way by this triumphant sign, The hosts of God in cong'ring ranks combine. [Refrain]

This is the sign that Satan's legions fear, And angels veil their faces to revere. [Refrain]

Saved by this cross whereon their Lord was slain, The heirs of Adam their lost home regain. [Refrain]

From north and south, from east and west they raise In growing unison their song of praise. [Refrain]

Let every race and every language tell of him who saves our souls from death and hell. [Refrain]

O Lord, once lifted on the tree of pain, Draw all the world to seek you once again. [Refrain]

Set up thy throne, that earth's despair may cease beneath the shadow of its healing peace. [Refrain]

INVITATION TO PRAYER

Priest: Pray, brothers and sisters,

that our sacrifice may be acceptable to God,

the almighty Father.

People: May the Lord accept the sacrifice

at your hands

for the praise and glory of his name, for our good, and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

Priest: May this oblation, O Lord, which on the altar of the Cross cancelled the offence of the whole world, cleanse us, we pray, of all our sins. Through Christ our Lord. *All*: **Amen**.

THE EUCHARISTIC PRAYER

Priest: The Lord be with you.
People: And with your spirit.
Priest: Lift up your hearts.

People: We lift them up to the Lord.

Priest: Let us give thanks to the Lord our God.

People: It is right and just.

*Priest:*It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God. For you placed the salvation of the human race on the wood of the Cross, so that, where death arose, life might again spring forth and the evil one, who conquered on a tree, might likewise on a tree be conquered, Through Christ our Lord. Through him the Angels praise your majesty, Dominions adore and Powers tremble before you. Heaven and the Virtues of heaven and the blessed Seraphim worship together with exultation. May our voices, we pray, join with theirs in humble praise, as we acclaim:

Choir: Holy, holy, holy Lord God of hosts,

heaven and earth are full of your glory.

Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The people KNEEL or SIT

Priest: You are indeed holy, and to be glorified, O God, who love the human race and who always walks with us on the journey of life. Blessed indeed is your son, present in our midst when we are gathered by his love, and when, as once for the disciples, so now for us, he opens the Scriptures and breaks the bread.

Therefore, Father most merciful, we ask that you send forth your Holy Spirit to sanctify these gifts of bread and wine, that they may become for us the Body and Blood of our Lord Jesus Christ.

On the day before he was to suffer, on the night of the Last Supper, he took bread and said the blessing, broke the bread and gave it to his disciples saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT, FOR THIS IS MY BODY, WHICH IS GIVEN UP FOR YOU.

In a similar way, when supper was ended, he took the chalice gave you thanks, and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT, FOR THIS IS THE CHALICE OF MY BLOOD, THE BLOOD OF THE NEW AND ETERNAL COVENANT, WHICH IS POURED OUT FOR YOU AND FOR MANY FOR THE FORGIVENESS OF SINS. DO THIS IN MEMORY OF ME. The mystery of faith.

All: We proclaim your death, O Lord, and profess your resurrection, until you come again.

Priest: Therefore, holy Father, as we celebrate the memorial of Christ your son, our Saviour, whom you led through his Passion and Death on the Cross to the glory of the Resurrection, and whom you have seated at your right hand, we proclaim the work of your love until he comes again and we offer you the Bread of life and the Chalice of blessing.

Look with favour on the oblation of your Church, in which we show the paschal Sacrifice of Christ that has been handed on to us, and grant that, by the power of the Spirit