



**2022 World Indoor Championship Program
Doetinchem, Netherlands, 3/6 March**

Arrival days Tuesday and Wednesday March 1 and 2, 2022
Departure day Monday March 7, 2022

Weigh -ins Wednesday March 2, 2022 in headquarters hotel
07:30 – 12:00 Morning session
16:00 – 18:00 Afternoon session

Day 1 and 3 Thursday/Saturday

07:30 – 08:30 Stamping
09:30 Start of competition. Which weight class starts depends on the entries.
680kg SMen, 500kg SWomen and 560kg U23Mix
Medal Ceremony (right after morning competition has ended)
11:30 – 12:30 Stamping
13:30 Start of competition. Which weight class starts depends on the entries.
600kg SMen, 480kg JWomen and 560 JMen
Medal Ceremony (right after afternoon competition has ended)

Day 2 and 4 Friday/Sunday

07:30 – 08:30 Stamping
09:30 Start of competition. Which weight class starts depends on the entries.
640kg SMen, 540kg SWomen, 600kg U23Men and 500kg U23Women
Medal Ceremony (right after morning competition has ended)
11:30 – 12:30 Stamping
13:30 Start of competition. Which weight class starts depends on the entries.
560kg SMen, 580 kg SMix and 520kg JMix
Medal Ceremony (right after afternoon competition has ended)

Please note that times might change due to the length of the competitions.