

Romans 5: 12 – 19

“Death through Adam, Life through Christ.” But what does this mean? Paul does not go in for great explanations. Adam represents mankind, mankind sins and the result is destructive, causing a measure of death. For Paul sin and death are realities in a world created good by God. They can be recognised and acknowledged but not fully explained. Sin and death are inevitable but are not necessary; inevitable because they describe a universal experience and not necessary because they are grounded in human choice. We need the law to control the reality and effects of sin. Sin was in the world before the law, but we need the law to make clear what sin is. However, the law cannot overcome sin and death. For Paul it is through the life, death, and resurrection of Jesus that sin and death are overcome.

Jesus’s life was an act of obedience by which He died for us on the Cross. It is this one act of complete righteousness that brings to us the gifts of salvation, justification, and life, following what is lost under the old dispensation of sin and death. Understanding this enables us to place ourselves daily into the hands of Jesus who is our true Saviour. It is only through Him that the tyranny of sin and death are overcome.

Lent is a time when we reflect on, and pray about, the way this was achieved, through Jesus’s journey to the Cross.

Stations of the Cross: act of devotion

The Stations of the Cross is a Lenten devotion, often said on a Friday

We adore you, O Christ, and we praise you, because by your holy cross you have redeemed the world.

Sunday 22nd Feb. 2026

1st Sunday of Lent

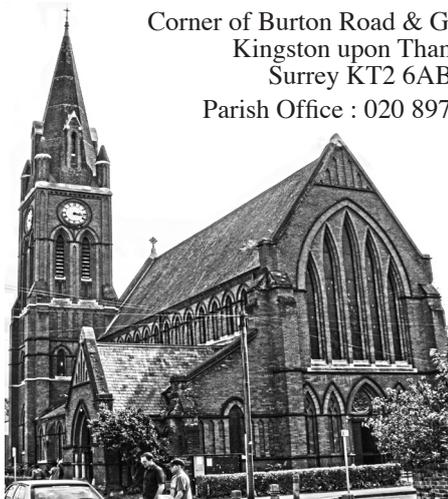
Gospel: Matthew 4: 1 – 11



On Ash Wednesday, we received a fresh call to discipleship, to follow in the footsteps of Christ, as we received the sign of the Cross in ash. Today St Matthew’s Gospel asks us to continue in the path of that discipleship, as we are presented with the temptations of Christ. The devil, the tempter, that subtle yet beguiling voice, offers Jesus material possessions, invites him to put God to the test, and offers Him earthly power beyond imagining. Each time Jesus rebuts temptation with the words of scripture. Jesus chooses the way of the cross, and the fruits of His choice are ours, if we would but follow Him. We would do well to ask ourselves how well prepared we are, if we are to grow in holiness. The people of Israel disobeyed God and were lost in the wilderness for 40 years. Jesus, the new Israel, the true manna, the living bread, is a sure guide, and in His exodus, death and resurrection, we shall find true life.

St Luke's Parish Church Kingston upon Thames

Corner of Burton Road & Gibbon Road
Kingston upon Thames,
Surrey KT2 6AB
Parish Office : 020 8974 8079



We welcome you to St Luke's Kingston, a traditional Forward in Faith parish under the jurisdiction of the Bishop of Fulham the Rt Rev'd Jonathan Baker. His website is: <http://www.bishopoffulham.org.uk>.

As a community we are dedicated to making the love of Christ known through excellence in worship and active care and concern for others.

St Luke's Church is kept open most days during the daylight hours for prayer and meditation.

SUNDAY SERVICES

8.00am Said Mass
10.30am Sung Mass
5.00pm Evening Prayer

WEEKDAYS

8.00am Mass Tuesday/ Thursday & Friday
9.00am Mass Wednesday

THIS WEEK

MONDAY 23rd February: 1st Week of Lent
Leviticus 19:1-2, 11-18; Ps 19:8, 9, 10, 15; Matthew 25:31-46

TUESDAY 24th February: 1st Week of Lent
Isaiah 55:10-11; Ps 34:4-5, 6-7, 16-19; Matthew 6:7-15
8.00am Mass

WEDNESDAY 25th February: 1st Week of Lent
Jonah 3:1-10; Ps 51:3-4, 12-13, 18-19; Luke 11:29-32
9.00am Mass

THURSDAY 26th February: 1st Week of Lent
Esther C:12, 14-16, 23-25; Ps 138:1-3, 7-8; Matthew 7:7-12
8.00am Mass

FRIDAY 27th February: 1st Week of Lent
Ezekiel 18:21-28; Ps 130:1-8; Matthew 5:20-26
8.00am Mass

SATURDAY 28th February: 1st Week of Lent
Deuteronomy 26:16-19; Ps 119:1-2, 4-5, 7-8; Matthew 5:43-48

Join Zoom Meeting- Sunday 10.30am
<https://us02web.zoom.us/j/84180162383?pwd=Q2lYdXFUTW5iaVc4NmdbZ014alZxUT09>
Meeting ID: 824 6111 3281
Passcode: 28453

THE PARISH OFFICE

St Luke's Vicarage
4 Burton Road
Kingston Upon Thames Surrey KT2 5TE
Phone: 07592 408419
E-mail: parish@stlukeskingston.uk

PARISH CONTACTS

Vicar: Fr Martin Hislop SSC
Phone: 020 8974 8079
Email: mghislop55@gmail.com

Administrator (& Hall Bookings):
Miss Heather Stone
Phone: 07592 408419
E-mail: parish@stlukeskingston.uk

Churchwardens: Miss Judith Davidge
Mrs Beverley Bell
Phone: 07799 045410
E-mail: beverleybell@blueyonder.co.uk

Churchwarden Emeritus: Ald. Patrick Codd

Organist & Director of Music: Mr Chris O'Neill
Phone: 07974 804545
E-mail: music@stlukeskingston.uk

HEALING PRAYER

We pray for our troubled world. We ask for the power of the Holy Spirit to transform our lives and help others to come to know the love of Christ. We pray for those whose families are shattered by violence and for those who strive for reconciliation, peace and justice.

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We pray that the Lord's healing love will comfort and strengthen all those in sickness of mind, body and soul;

Especially we pray for:- Gillian, Patricia Davidge, Susan, Patrick, Christine West, Heather Stone.

THE RECENTLY DEPARTED

ANNIVERSARIES OF DEATH:

TODAY: Wilfred Westall (Bp Priest), Derek Allen, George Hayman, Paul Pangrace

MONDAY: James Skinner, Harry Roach

WEDNESDAY: William Burrows

THURSDAY: Percy Carter, Cecil Kirkpatrick (Priest)

FRIDAY: Lionel Codd

SATURDAY: Mary King, Constance Millett, Anthony Waters, Lena Cook, Elsa Fisher, Hilda Riddell

THANK YOU

Christine & David Thompson would like to thank everyone for joining them last week in their celebrations and for their kind and generous good wishes.

Priest: Go in peace to love and serve the lord.
People: **Thanks be to God**

FINAL HYMN

368 Guide me, O thou great Redeemer

**Guide me, O thou great Redeemer,
Pilgrim through this barren land;
I am weak, but thou art mighty,
Hold me with thy powerful hand:
Bread of heaven, (r)
Feed me till I want no more. (r)**

**Open now the crystal fountain
Whence the healing stream doth flow;
Let the fire and cloudy pillar
Lead me all my journey through:
Strong Deliverer, (r)
Be thou still my strength and shield. (r)**

**When I tread the verge of Jordan,
Bid my anxious fears subside;
Death of death, and hell's Destruction
Land me safe on Canaan's side:
Songs of praises (r)
I will ever give to thee. (r)**

NOTICES

WE WELCOME YOU to St Luke's this morning, especially if it is your first time with us. Please make contact if you would like a visit from Fr Martin, or if you would like to come in for an appointment (contact details are on the inside back cover of this pew bulletin).

PEW BULLETINS: Please take your pew bulletin home, not just for the notices, but also to reflect on the readings, prayers and hymns. (If there are spares at the back of the church, why not take an extra one to give away?) .

THE HEALING MINISTRY: including the Sacraments of Holy Communion and the Anointing of the Sick, and/or the laying on of hands and prayer, is available at home or in hospital. Contact Fr Martin.

GLUTEN FREE WAFERS: Gluten Free Communion Wafers are available. If you would prefer one please advise one of our Welcomers before the service.

EMAIL LIST:: If you would like to be added to our email list for regular service updates and community events please email parish@stlukeskingston.uk to say you wish to be added.

HELP THE PARISH AS YOU SHOP

Online shopping is increasing and if you use this mode of shopping you can benefit St Luke's at no cost to you!

www.easyfundraising.org.uk has over 4000 shops and sites which will donate to us at no extra cost to yourself, including big name retailers like John Lewis, Argos, M&S.

All you have to do is go through easy fundraising website or App whenever you shop online and then the parish receives a % of your spend as a free donation, at no extra cost to you or the parish.

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ASOS Virgin AVIVA
Thomas Cook DEBENHAMS

THE FIRST SUNDAY OF LENT

INTRODUCTORY RITES

We welcome baptised and communicant members of other Christian Churches to receive the Sacrament of Holy Communion here, or to come forward, holding this pew sheet, to receive a Blessing.

MASS MUSIC SETTING

BYRD/MISSA DE ANGELIS

ENTRANCE HYMN

60 O kind Creator, bow thine ear (tune ii)

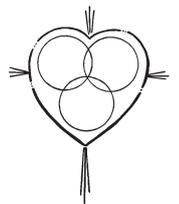
**O kind Creator, bow thine ear
To mark the cry, to know the tear
Before thy throne of mercy spent
In this thy holy fast of Lent.**

**Our hearts are open, Lord, to thee:
Thou knowest our infirmity;
Pour out on all who seek thy face
Abundance of thy pardoning grace.**

**Our sins are many, this we know;
Spare us, good Lord, thy mercy show;
And for the honour of thy name
Our fainting souls to life reclaim.**

**Give us the self-control that springs
From discipline of outward things,
That fasting inward secretly
The soul may purely dwell with thee.**

**We pray thee, holy Trinity,
One God, unchanging Unity,
That we from this our abstinence
May reap the fruits of penitence. Amen.**



ANTIPHON

Priest: When he calls to me, I will answer; I will rescue him and give him honour. Long life and contentment will be his.

GREETING

Priest: In the name of the Father, and of the Son, and of the Holy Spirit.
All: **Amen.**

Priest: The Lord be with you.
All: **And with your spirit.**

The celebrant introduces the Mass

PENITENTIAL ACT

The Priest asks the people to acknowledge their sins. After a pause for silence:

All: **I confess to almighty God,
and to you, my brothers and sisters,
that I have greatly sinned
in my thoughts and in my words,
in what I have done,
and in what I have failed to do;**

And, striking their breast, they say:

**through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary, ever-Virgin,
all the angels and saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.**

Priest: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

People: **Amen.**

KYRIE ELEISON

Choir: **Kyrie eleison.** (Lord, have mercy.)
Kyrie eleison. (Lord, have mercy.)
Christe eleison. (Christ, have mercy.)
Christe eleison. (Christ, have mercy.)
Kyrie eleison. (Lord, have mercy.)
Kyrie eleison. (Lord, have mercy.)

COLLECT

Priest: God our Father, you promised to remain forever with those who do what is just and right. Help us to live in your presence. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, forever and ever.

All: **Amen**

The people SIT

LITURGY OF THE WORD

THE FIRST READING *Genesis 2:7-9; 3:1-7*

A reading from the book of the book Genesis.

The Lord God formed the man of dust from the ground and breathed into his nostrils the breath of life, and the man became a living creature. And the Lord God planted a garden in Eden, in the east, and there he put the man whom he had formed. And out of the ground the Lord God made to spring up every tree that is pleasant to the sight and good for food. The tree of life was in the midst of the garden, and the tree of the knowledge of good and evil.

Now the serpent was more crafty than any other beast of the field that the Lord God had made. He said to the woman, 'Did God actually say, "You shall not eat of any tree in the garden"?' And the woman said to the serpent, 'We may eat of the fruit of the trees in the garden, but God said, "You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die."' But the serpent said to the woman, 'You will not surely die. For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked. And they sewed fig leaves together and made themselves loincloths.

The Word of the Lord.

All: **Thanks be to God**

THE RESPONSORIAL PSALM

R. Have mercy on us, Lord, for we have sinned.

Have mercy on me, God, in your kindness.
 In your compassion blot out my offence.
 O wash me more and more from my guilt
 and cleanse me from my sin. **R.**

My offences truly I know them;
 my sin is always before me.
 Against you, you alone, have I sinned;
 what is evil in your sight I have done. **R.**

A pure heart create for me, O God,
 put a steadfast spirit within me.
 Do not cast me away from your presence,
 nor deprive me of your holy spirit. **R.**

in accordance with your will.
 Who live and reign for ever and ever.

All: **Amen.**

Priest: The peace of the Lord be with you always.

All: **And with your spirit.**

BREAKING OF THE BREAD

Choir: Lamb of God, you take away the sins of the world:
 have mercy on us.

Lamb of God, you take away the sins of the world:
 have mercy on us.

Lamb of God, you take away the sins of the world:
 grant us peace.

Priest: Behold the Lamb of God,
 behold him who takes away the sins of the world.
 Blessed are those called to the supper of the Lamb.

All: **Lord, I am not worthy
 that you should enter under my roof,
 but only say the word
 and my soul shall be healed.**

COMMUNION ANTIPHON

The Lord will overshadow you, and you will find refuge
 under his wings.

COMMUNION ANTHEM

Hide not thou thy face - Richard Farrant (1530-1582)

The People STAND

COMMUNION HYMN

70 Lord Jesus, think on me (*tune i*)

**Lord Jesus, think on me,
 And purge away my sin;
 From earthborn passions set me free,
 And make me pure within.**

**Lord Jesus, think on me,
 With care and woe opprest;
 Let me thy loving servant be,
 And taste thy promised rest.**

**Lord Jesus, think on me,
 Amid the battle's strife;
 In all my pain and misery
 Be thou my health and life.**

**Lord Jesus, think on me,
 Nor let me go astray;
 Through darkness and perplexity
 Point thou the heavenly way.**

**Lord Jesus, think on me,
 When flows the tempest high:
 When on doth rush the enemy
 O Saviour, be thou nigh.**

**Lord Jesus, think on me,
 That, when the flood is past,
 I may the eternal brightness see,
 And share thy joy at last.**

PRAYER AFTER COMMUNION

Priest: Renewed now with heavenly bread, by which faith is nourished, hope increased, and charity strengthened, we pray, O Lord, that we may learn to hunger for Christ, the true and living Bread, and strive to live by every word which proceeds from your mouth. Through Christ our Lord.

All: **Amen**

CONCLUDING RITE

BLESSING AND DISMISSAL

Priest: The Lord be with you.

People: **And with your spirit.**

The Priest blesses the people, who respond: **Amen.**

TAKE THIS, ALL OF YOU, AND EAT OF IT, FOR THIS IS MY BODY, WHICH IS GIVEN UP FOR YOU.

In a similar way, when supper was ended, he took the chalice gave you thanks, and gave it to his disciples, saying: TAKE THIS, ALL OF YOU, AND DRINK FROM IT, FOR THIS IS THE CHALICE OF MY BLOOD, THE BLOOD OF THE NEW AND ETERNAL COVENANT, WHICH IS Poured OUT FOR YOU AND FOR MANY FOR THE FORGIVENESS OF SINS. DO THIS IN MEMORY OF ME.

The mystery of faith.

All: **We proclaim your death, O Lord, and profess your resurrection, until you come again.**

Priest: Therefore, holy Father, as we celebrate the memorial of Christ your son, our Saviour, whom you led through his Passion and Death on the Cross to the glory of the Resurrection, and whom you have seated at your right hand, we proclaim the work of your love until he comes again and we offer you the Bread of life and the Chalice of blessing.

Look with favour on the oblation of your Church, in which we show the paschal Sacrifice of Christ that has been handed on to us, and grant that, by the power of the Spirit of your love, we may be counted now until the day of eternity among the members of your Son, in whose Body and Blood we have communion.

Lord renew your Church by the light of the Gospel. Strengthen the bond of unity between the faithful and the pastors of your people, together with Jonathon our Bishop, the whole Order of Bishops, that in a world torn by strife your people may shine forth as a prophetic sign of unity and concord.

Remember our brothers and sisters who have fallen asleep in the peace of your Christ, and all the dead, whose faith you have known. Admit them to rejoice in the light of your face, and in the resurrection give them the fullness of life.

Grant also to us, when our earthly pilgrimage is done, that we may come to an eternal dwelling place and live with you for ever; there, in communion with the Blessed Virgin Mary, Mother of God, with the Apostles and Martyrs, with Saint Luke and with all the Saints, we shall praise and exalt you through Jesus Christ, your Son.

Through him, and with him, and in him, O God, almighty Father, in the unity of the holy Spirit, all glory and honour is yours, for ever and ever.

All: **Amen.**

The People STAND



THE COMMUNION RITE

Priest: At the Saviour's command, and formed by divine teaching, we dare to say

All: **Our Father, who art in heaven; hallowed be thy name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation: but deliver us from evil.**

Priest: Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that by the help of your mercy we may always be free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

All: **For the kingdom, the power, and the glory are yours, now and forever.**

Priest: Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you: look not on our sins, but on the faith of your Church, and graciously grant her peace and unity

Give me again the joy of your help; with a spirit of fervour sustain me, O Lord, open my lips and my mouth shall declare your praise. **R.**

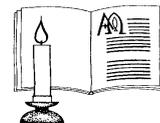
THE SECOND READING *Romans 5:12-19*
A reading from the letter of St Paul to the Romans.

Brothers and Sisters: Just as sin came into the world through one man, and death through sin, and so death spread to all men because all sinned — for sin indeed was in the world before the law was given, but sin is not counted where there is no law. Yet death reigned from Adam to Moses, even over those whose sinning was not like the transgression of Adam, who was a type of the one who was to come.

But the free gift is not like the trespass. For if many died through one man's trespass, much more have the grace of God and the free gift by the grace of that one man, Jesus Christ, abounded for many. And the free gift is not like the result of that one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brought justification. For if, because of one man's trespass, death reigned through that one man; much more will those who receive the abundance of grace and the free gift of righteousness reign in life through the one man Jesus Christ. Therefore, as one trespass led to condemnation for all men, so one act of righteousness leads to justification and life for all men. For as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

The Word of the Lord

All: **Thanks be to God**



The People STAND

GOSPEL ACCLAMATION *Matthew 4:4 2*

V. Praise to you, O Christ, king of eternal glory!
R. **Praise to you, O Christ, king of eternal glory!**
V. Man does not live on bread alone,
but on every word that comes from the mouth of God.
R. **Praise to you, O Christ, king of eternal glory!**

THE GOSPEL *Matthew 4:1-11*

Priest: The Lord be with you.
People: **And with your spirit.**
Priest: A Reading from the Holy Gospel according to Matthew
People: **Glory to you, O Lord.**

At that time Jesus was led by the Spirit into the desert to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was hungry. The tempter approached and said to him, "If you are the Son of God, command that these stones become loaves of bread." He said in reply, "It is written: One does not live on bread alone, but on every word that comes forth from the mouth of God." Then the devil took him to the holy city, and made him stand on the parapet of the temple, and said to him, "If you are the Son of God, throw yourself down. For it is written: He will command his angels concerning you and with their hands they will support you, lest you dash your foot against a stone." Jesus answered him, "Again it is written, You shall not put the Lord, your God, to the test." Then the devil took him up to a very high mountain, and showed him all the kingdoms of the world in their magnificence, and he said to him, "All these I shall give to you, if you will prostrate yourself and worship me." At this, Jesus said to him, "Get away, Satan! It is written: The Lord, your God, shall you worship and him alone shall you serve." Then the devil

left him and, behold, angels came and ministered to him.

Priest: The Gospel of the Lord.

All: **Praise to you, Lord Jesus Christ.**

HOMILY *The people SIT*

The people STAND

NICENE CREED *The people STAND*

I believe in one God,
the Father Almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord, Jesus Christ,
the Only Begotten Son of God,
begotten of the Father before all ages,
God from God, Light from Light,
true God from true God, begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven:

All bow: and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one holy catholic
and apostolic Church.
I confess one baptism
for the forgiveness of sins
and I look forward
to the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE FAITHFUL

The people KNEEL or SIT

At the end of each bidding, silence is kept, followed by:
Lord, hear us.

People: **Lord, graciously hear us.**

At the end of the prayers:

People: **Amen.**

THE LITURGY OF THE EUCHARIST

The people STAND

OFFERTORY HYMN

67 Forty days and forty nights

Forty days and forty nights
Thou wast fasting in the wild,
Forty days and forty nights
Tempted and yet undefiled.

Sunbeams scorching all the day,
Chilly dewdrops nightly shed,
Prowling beasts about thy way,
Stones thy pillow, earth thy bed.

Let us thine endurance share,
And awhile from joys abstain,
With thee watching unto prayer,
Strong with thee to suffer pain.

And if Satan, vexing sore,
Flesh or spirit should assail,
Thou, his vanquisher before,
Grant we may not faint nor fail.

So shall we have peace divine,
Holier gladness ours shall be,
Round us too shall angels shine,
Such as ministered to thee.

Keep, O keep us, Saviour dear,
Ever constant by thy side,
That with thee we may appear
At the eternal Eastertide.



INVITATION TO PRAYER

Priest: Pray, brothers and sisters,
that our sacrifice may be acceptable to God,
the almighty Father.

People: **May the Lord accept the sacrifice
at your hands
for the praise and glory of his name,
for our good,
and the good of all his holy Church.**

PRAYER OVER THE OFFERINGS

Priest: Give us the right dispositions, O Lord, we pray,
to make these offerings, for with them we celebrate the
beginning of this venerable and sacred time. Through
Christ our Lord

All: **Amen.**

THE EUCHARISTIC PRAYER

Priest: The Lord be with you.

People: **And with your spirit.**

Priest: Lift up your hearts.

People: **We lift them up to the Lord.**

Priest: Let us give thanks to the Lord our God.

People: **It is right and just.**

Priest: It is truly right and just, our duty and our salvation,
always and everywhere to give you thanks. Lord, holy
Father, almighty and eternal God, through Christ our
Lord. By abstaining forty long days from earthly food,
he consecrated through his fast the pattern of our
Lenten observance and, by overturning all the snares
of the ancient serpent, taught us to cast out the leaven
of malice, so that, celebrating worthily the Paschal
Mystery, we might pass over at last to the eternal
paschal feast. And so, with the company of Angels and
Saints, we sing the hymn of your praise, as without end
we acclaim:

Choir: Holy, holy, holy Lord God of hosts,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.

The people KNEEL or SIT

Priest: You are indeed holy, and to be glorified, O God, who
love the human race and who always walks with us on the
journey of life. Blessed indeed is your son, present in our
midst when we are gathered by his love, and when, as once
for the disciples, so now for us, he opens the Scriptures and
breaks the bread. Therefore, Father most merciful, we ask
that you send forth your Holy Spirit to sanctify these gifts of
bread and wine, that they may become for us the Body and
Blood of our Lord Jesus Christ.

On the day before he was to suffer, on the night of the Last
Supper, he took bread and said the blessing, broke the
bread and gave it to his disciples saying: