

Living the Word: Acts 4.32-35

This all seems too good to be true. Besides, we might say it may have happened in the very early days of the Church but not now. This description of the first Christians does not match our experience of the local parish Church! But there is a powerful message here which we need to listen to and work at as individuals and as Church Communities. God uses those who follow his Son, Jesus Christ to save the world. God uses the love, the joy and the peace of those who follow his Son Jesus to extend the kingdom of God and the good news of the Gospel. God uses people like us whom he fills with the grace of Jesus Christ to pour out his love on the world. This description of the early Church is no pipe dream. It is dream coming true. God uses the church, that is us, to draw people into the world of his love. As the Church locally invites hurting people into its community, God pours out his grace and to witness to the resurrection of his Son. Are we open to such life changing grace?

7th April 2024
Second Sunday of Easter
Divine Mercy Sunday



Elements of the Mass: Baptismal Garments

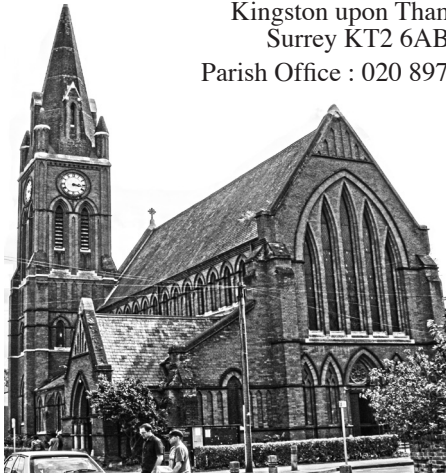
At a baptism it is normal to speak about being washed clean in the waters and putting on Christ. This is represented symbolically in what we wear. The garment represents outwardly the change that has occurred internally, we put on Christ literally and metaphorically. We also put on the armour of Christ, not metal armour, but spiritual armour and the garments represent this too. A child may wear a Christening Gown, often this is handed down through families. In some traditions it is made from the mother's wedding dress. This garment will be white. The baby may often be wrapped in baptismal shawl, again which will be white. For adults a person may want to wear something white or indeed wear a shawl. Often in full immersion baptisms the person being baptized will wear a white robe. If you have ever been to the Holy Land you may have seen people in white robes being baptized or renewing their baptismal vows in the River Jordan. In your parish you might want to sponsor a baptism shawl for those who may not be able to afford to have one made. It is a sign of our joy in sharing with others the life of being baptized.

In the rites of baptism, traditionally celebrated at Easter, we see the outpouring of the Spirit on catechumens as they are baptized and confirmed. When we gather together for the Eucharist, we see the outpouring of the Spirit on ordinary bread and wine, making them the Body and Blood of Christ. Well today we hear what receiving the Spirit means: it means allowing oneself to be healed and it means being drawn together in unity. It is given for our atonement – at-one-ment – when we are made whole again following the divisive influence of sin. It happens at baptism, when we are incorporated into God's family by being grafted on to him, made one of his sons or daughters. It happens in the sacraments of penance and anointing, when the Lord forgives us of our sins and reconciles us with himself and his body, the Church. It happens in the Eucharist, in which God collects together a diverse and fragmented people, and makes them whole again, before sending them out into the world to be agents of his reconciliation there.

Today's Gospel: St John 20: 19-end

St Luke's Parish Church Kingston upon Thames

Corner of Burton Road & Gibbon Road
Kingston upon Thames,
Surrey KT2 6AB
Parish Office : 020 8974 8079



We welcome you to St Luke's Kingston, a traditional Forward in Faith parish under the jurisdiction of the Bishop of Fulham the Rt Rev'd Jonathan Baker. His website is: <http://www.bishopoffulham.org.uk>.

As a community we are dedicated to making the love of Christ known through excellence in worship and active care and concern for others.

St Luke's Church is kept open most days during the daylight hours for prayer and meditation.

SUNDAY SERVICES

8.00am Said Mass
10.30am Sung Mass
5.00pm Evensong

WEEKDAYS

9.00am Mass Tuesday/ Wednesday/ Thursday & Friday

THIS WEEK

MONDAY 8th April: Annunciation of the Lord
Isaiah 7:10-14; 8:10; Ps 40:7-11; Hebrews 10:4-10; Luke 1:26-38

TUESDAY 9th April: Feria of 2nd Wk of Easter
Acts 4:32-37; Ps 93:1,2,&5; John 3:7-15

WEDNESDAY 10th April: Feria of 2nd Wk of Easter
Acts 5:17-26; Ps 34:2-9; John 3:16-21

THURSDAY 11th April: Feria of 2nd Wk of Easter
Acts 5:27-33; Ps 34:2 & 9, 17-20; John 3:31-36

FRIDAY 12th April: Feria of 2nd Wk of Easter
Acts 5:34-42; Ps 27:1, 4, 13-14; John 6:1-15

SATURDAY 13th April: Feria of 2nd Wk of Easter
Acts 6:1-7; Ps 33:1-2, 4-5, 18-19; John 6:16-21

Please note there will not be any 9am mass next week due to Fr Martins post Easter leave.
Sunday 15th April
Please note there will NO 8am Mass, Fr Stephen Wilson will be covering the 10.30am

Join Zoom Meeting- Sunday 10.30am
<https://us02web.zoom.us/j/84180162383?pwd=Q2lYdXFU TW5iaVc4Nm dBZ0l4alZxUT09>
Meeting ID: 841 8016 2383
Passcode: 499698

THE PARISH OFFICE

St Luke's Vicarage
4 Burton Road
Kingston Upon Thames Surrey KT2 5TE
Phone: 07592 408419
E-mail: parish@stlukeskingston.uk

PARISH CONTACTS

Vicar: Fr Martin Hislop SSC
Phone: 020 8974 8079
Email: mhislop@btinternet.com
Administrator (& Hall Bookings):
Miss Heather Stone
Phone: 07592 408419
E-mail: parish@stlukeskingston.uk
Churchwarden: Ald. Patrick Codd
Phone: 020 8286 3319
Organist & Director of Music: Mr Chris O'Neill
Phone: 07974 804545
E-mail: music@stlukeskingston.uk

HEALING PRAYER

We pray for our troubled world. We ask for the power of the Holy Spirit to transform our lives and help others to come to know the love of Christ. We pray for those whose families are shattered by violence and for those who strive for reconciliation, peace and justice.

We pray that the Lord's healing love will comfort and strengthen all those in sickness of mind, body and soul; for Peter Bennett, Tom Hatton, Jason Ridley, Lucy, Judith C, and Anne Oram.

Especially we pray for:- Gillian, Patricia Davidge, Susan S, Editha Hinds, Carol, Patrick & Sue Codd, Sandy Tanner, Joan Wigham and Fr Hugh Mead.

THE RECENTLY DEPARTED

Heather Kent

ANNIVERSARIES OF DEATH:

SUNDAY: Robin Drawwater
MONDAY: Laura Huckle, Jean Luxon, Thelma Scott
TUESDAY: Paul Flack, Robert Davidge,
HRH Prince Philip, Duke of Edinburgh
WEDNESDAY: Violet Knight, William Leader, Frederick Drew
THURSDAY: Edward Hill, Kenneth Booth
FRIDAY: George Kerrison, Frank Pickles, Brian Wright,
Margaret McCarron
SATURDAY: Nellie Johnson, Christian Hilton (Priest)



We warmly wish Happy Birthday today to :-
Fr Martin and Sandy.

Please join us in the hall afterwards for a glass and some nibbles.

Forth He came at Easter, like the risen grain,
 He that had for three days in the grave had lain;
 Quick from the dead, my risen Lord is seen:
Love is come again like wheat that springeth green.

When our hearts are wintry, grieving, or in pain,
 Thy touch can call us back to life again,
 Fields of our hearts that dead and bare have been:
Love is come again like wheat that springeth green.

We follow the old tradition of singing the Regina Caeli during Eastertide in place of the Angelus:

All: Joy to thee, O Queen of Heaven. Alleluia!
He whom thou wast meet to bear. Alleluia!
As he promised hath arisen. Alleluia!
Pour for us to God thy prayer. Alleluia!

v. Rejoice and be glad, O Virgin Mary. Alleluia.
R. For the Lord is risen indeed. Alleluia!

The priest sings the Collect, and the people respond: Amen

ORGAN MUSIC

Variations on the Easter Chorale - *C H Rinck*

NOTICES

WE WELCOME YOU to St Luke's this morning, especially if is your first time with us. Please make contact if you would like a visit from Fr Martin, or if you would like to come in for an appointment (contact details are on the inside back cover of this pew bulletin).

PEW BULLETINS: Please take your pew bulletin home, not just for the notices, but also to reflect on the readings, prayers and hymns. (If there are spares at the back of the church, why not take an extra one to give away?) .

THE HEALING MINISTRY: including the Sacraments of Holy Communion and the Anointing of the Sick, and/or the laying on of hands and prayer, is available at home or in hospital. Contact Fr Martin.

GLUTEN FREE WAFERS: Gluten Free Communion Wafers are available. If you would prefer one please advise one of our Welcomers before the service.

EMAIL LIST: If you would like to be added to our email list for regular service updates and community events please email parish@stlukeskingston.uk to say you wish to be added.



HELP THE PARISH AS YOU SHOP

Online shopping is increasing and if you use this mode of shopping you can benefit St Luke's at no cost to you!

www.easyfundraising.org.uk has over 4000 shops and sites which will donate to us at no extra cost to yourself, including big name retailers like John Lewis, Argos, M&S.

All you have to do is go through easy fundraising website or App whenever you shop online and then the parish receives a % of your spend as a free donation, at no extra cost to you or the parish.

www.easyfundraising.org.uk
kingston stlukes pcc

SECOND SUNDAY OF EASTER

INTRODUCTORY RITES

ORGAN MUSIC

Offertoire for Easter Day - *A Boely*

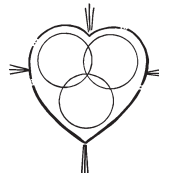
ENTRANCE HYMN

114 Now is eternal life

**Now is eternal life,
 If risen with Christ we stand,
 In him to life reborn,
 And holden in his hand;
 No more we fear death's ancient dread,
 In Christ arisen from the dead.**

**For God, the living God,
 Stooped down to man's estate;
 By death destroying death,
 Christ opened wide life's gate.
 He lives, who died; he reigns on high;
 Who lives in him shall never die.**

**Unfathomed love divine,
 Reign thou within my heart;
 From thee nor depth nor height,
 Nor life nor death can part;
 Our life is hid in God with thee,
 Now and through all eternity.**



ANTIPHON *4 Esdras 2:36-37*

Receive the joy of your glory, giving thanks to God, who has called you into the heavenly kingdom, alleluia.

GREETING

Celebrant: In the name of the Father, and of the Son, and of the Holy Spirit.

All: **Amen.**

Celebrant: The Lord be with you.

All: **And with your spirit.**

PENITENTIAL ACT FOR EASTERTIDE

BLESSING & SPRINKLING WITH HOLY WATER

Priest: Dear friends,
 this water will be used to remind us of our baptism.
 Let us ask God to bless it,
 and to keep us faithful to the Spirit he has given us.

Priest: God our Father,
 your gift of water brings life and freshness to the earth;
 it washes away our sins and brings us eternal life.
 We ask you now to bless this water,
 and to give us your protection on this day
 which you have made your own.
 Renew the living spring of your life within us
 and protect us in spirit and body,
 that we may be free from sin
 and come into your presence
 to receive your gift of salvation.
 We ask this through Christ our Lord.

All: **Amen.**

After blessing the water, the priest moves through the church sprinkling all of the people while the Vidi Aquam is sung:

Antiphon: I beheld water flowing out of the right side of the temple, alleluia: and all to whom the waters came were healed, and they shall say: alleluia, alleluia.

Priest: May almighty God cleanse us of our sins,
 and through the eucharist we celebrate
 make us worthy to sit at his table
 in his heavenly kingdom.

All: **Amen.**

GLORIA

All: **Glory to God in the highest,
and on earth peace to people of good will.
We praise you, we bless you,
we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.**

**Lord Jesus Christ, only begotten Son,
Lord God, Lamb of God,
Son of the Father,
you take away the sins of the world:
have mercy on us;
you take away the sins of the world:
receive our prayer;
you are seated at the right hand of the Father:
have mercy on us.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.**

COLLECT

Priest: God of everlasting mercy, who in the very recurrence of the paschal feast kindle the faith of the people you have made your own, increase, we pray, the grace you have bestowed, that all may grasp and rightly understand in what font they have been washed, by whose Spirit they have been reborn, by whose Blood they have been redeemed. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever
All: **Amen**

The people SIT

LITURGY OF THE WORD

THE FIRST READING *Acts 4:32-35 (ESV)*

A reading from the Acts of the Apostles.

Now the full number of those who believed were of one heart and soul, and no one said that any of the things that belonged to him was his own, but they had everything in common.

And with great power the apostles were giving their testimony to the resurrection of the Lord Jesus, and great grace was upon them all.

There was not a needy person among them, for as many as were owners of lands or houses sold them and brought the proceeds of what was sold and laid it at the apostles' feet, and it was distributed to each as any had need.

The Word of the Lord.

All: **Thanks be to God**

THE RESPONSORIAL PSALM

**R. Give thanks to the Lord for he is good,
For his love has no end.**

Let the sons of Israel say:
'His love has no end.'

Let the sons of Aaron say:
'His love has no end.'

Let those who fear the Lord say:
'His love has no end.' **R.**

The Lord's right hand has triumphed;
his right hand raised me.

The Lord's right hand has triumphed;
I shall not die, I shall live
and recount his deeds.

I was punished, I was punished by the Lord,
but not doomed to die. **R.**

All: **Amen.**

Priest: The peace of the Lord be with you always.

All: **And with your spirit.**

BREAKING OF THE BREAD *(Choir)*

Lamb of God, you take away the sins of the world:
have mercy on us.

Lamb of God, you take away the sins of the world:
have mercy on us.

Lamb of God, you take away the sins of the world:
grant us peace.

Priest: Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.

All: **Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

COMMUNION ANTIPHON

Jesus spoke to Thomas: Put your hand here, and see the place of the nails. Doubt no longer, but believe, alleluia.

Holy Communion is now given.

COMMUNION ANTHEM

Come ye Faithful - *R S Thatcher 1888-1957*

The People STAND

COMMUNION HYMN

118 The Lord is risen indeed!

**The Lord is risen indeed!
Now is his work performed;
Now is the mighty Captive freed,
And death's strong castle stormed.**

**The Lord is risen indeed!
Then hell has lost his prey;
With him is risen the ransomed seed
To reign in endless day.**

**The Lord is risen indeed!
He lives, to die no more;
He lives, the sinner's cause to plead,
Whose curse and shame he bore.**

CONCLUDING RITE

PRAYER AFTER COMMUNION

Priest: Grant, we pray, almighty God, that our reception of this paschal Sacrament may have a continuing effect in our minds and hearts. Through Christ our Lord

All: **Amen**

BLESSING AND DISMISSAL

Priest: The Lord be with you.

People: **And with your spirit.**

Priest: Go in peace to love and serve the lord.
Alleluia, alleluia.

People: **Thanks be to God. Alleluia, Alleluia**

FINAL HYMN

115 Now the green blade riseth from the buried grain

**Now the green blade riseth, from the buried grain,
Wheat that in dark earth many days has lain;
Love lives again, that with the dead has been:
Love is come again like wheat that springeth green.**

**In the grave they laid Him, Love who men had slain,
Thinking that He never would awake again,
Laid in the earth like grain that sleeps unseen:
Love is come again like wheat that springeth green.**

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,
FOR THIS IS THE CHALICE OF MY BLOOD,
THE BLOOD OF THE NEW AND ETERNAL COVENANT,
WHICH IS Poured OUT FOR YOU AND FOR MANY
FOR THE FORGIVENESS OF SINS.
DO THIS IN MEMORY OF ME.

The mystery of faith.

All: **We proclaim your death, O Lord,
and profess your resurrection,
until you come again.**



Priest: Therefore, holy Father, as we celebrate the memorial of Christ your son, our Saviour, whom you led through his Passion and Death on the Cross to the glory of the Resurrection, and whom you have seated at your right hand, we proclaim the work of your love until he comes again and we offer you the Bread of life and the Chalice of blessing. Look with favour on the oblation of your Church, in which we show the paschal Sacrifice of Christ that has been handed on to us, and grant that, by the power of the Spirit of your love, we may be counted now until the day of eternity among the members of your Son, in whose Body and Blood we have communion.

Lord renew your Church by the light of the Gospel. Strengthen the bond of unity between the faithful and the pastors of your people, together with Jonathan our Bishop, the whole Order of Bishops, that in a world torn by strife your people may shine forth as a prophetic sign of unity and concord.

Remember our brothers and sisters who have fallen asleep in the peace of your Christ, and all the dead, whose faith you have known. Admit them to rejoice in the light of your face, and in the resurrection give them the fullness of life.

Grant also to us, when our earthly pilgrimage is done, that we may come to an eternal dwelling place and live with you for ever; there, in communion with the Blessed Virgin Mary, Mother of God, with the Apostles and Martyrs, with Saint Luke and with all the Saints, we shall praise and exalt you through Jesus Christ, your Son.

Through him, and with him, and in him, O God, almighty Father, in the unity of the holy Spirit, all glory and honour is yours, for ever and ever.

All: **Amen.**

The People STAND

THE COMMUNION RITE

Priest: At the Saviour's command,
and formed by divine teaching, we dare to say

All: **Our Father, who art in heaven;
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation:
but deliver us from evil.**

Priest: Deliver us, Lord, we pray, from every evil,
graciously grant peace in our days,
that by the help of your mercy
we may always be free from sin
and safe from all distress,
as we await the blessed hope
and the coming of our Saviour, Jesus Christ.

All: **For the kingdom, the power,
and the glory are yours, now and forever.**

Priest: Lord Jesus Christ, who said to your Apostles:
Peace I leave you, my peace I give you:
look not on our sins, but on the faith of your Church,
and graciously grant her peace and unity
in accordance with your will.
Who live and reign for ever and ever.

The stone which the builders rejected
has become the corner stone.
This is the work of the Lord,
a marvel in our eyes.
This day was made by the Lord;
we rejoice and are glad. **R.**

THE SECOND READING *1 John 5:1-6 (ESV)*
A reading from the first letter of St John.

Everyone who believes that Jesus is the Christ has been born of God, and everyone who loves the Father loves whoever has been born of him.

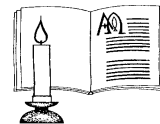
By this we know that we love the children of God, when we love God and obey his commandments. For this is the love of God, that we keep his commandments. And his commandments are not burdensome.

For everyone who has been born of God overcomes the world. And this is the victory that has overcome the world—our faith. Who is it that overcomes the world except the one who believes that Jesus is the Son of God?

This is he who came by water and blood - Jesus Christ; not by the water only but by the water and the blood. And the Spirit is the one who testifies, because the Spirit is the truth.

The Word of the Lord
All: **Thanks be to God**

The People STAND



GOSPEL ACCLAMATION

v. Alleluia, alleluia, alleluia!
R. **Alleluia, alleluia, alleluia!**
v. Jesus said: "You believe because you can see me.
Happy are those who have not seen and yet believe."
R. **Alleluia, alleluia, alleluia!**

THE GOSPEL

John 20:19-31 (ESV)

Priest: The Lord be with you.
People: **And with your spirit.**
Priest: A Reading from the Holy Gospel according to John
People: **Glory to you, O Lord.**

On the evening of that day, the first day of the week, the doors being locked where the disciples were for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I am sending you." And when he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you withhold forgiveness from any, it is withheld."

Now Thomas, one of the Twelve, called the Twin, was not with them when Jesus came.

So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in his hands the mark of the nails, and place my finger into the mark of the nails, and place my hand into his side, I will never believe."

Eight days later, his disciples were inside again, and Thomas was with them. Although the doors were locked, Jesus came and stood among them and said, "Peace be with you." Then he said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side. Do not disbelieve, but believe." Thomas answered him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet have believed."

Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written so that you may believe that Jesus is the Christ, the

Son of God, and that by believing you may have life in his name.

Priest: The Gospel of the Lord.

All: **Praise to you, Lord Jesus Christ.**

HOMILY *The people SIT*

NICENE CREED *The people STAND*

I believe in one God,
the Father Almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord, Jesus Christ,
the Only Begotten Son of God,
begotten of the Father before all ages,
God from God, Light from Light,
true God from true God, begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven:

All bow: and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one holy catholic
and apostolic Church.
I confess one baptism
for the forgiveness of sins
and I look forward
to the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE FAITHFUL

The people KNEEL or SIT

At the end of each bidding, silence is kept, followed by:
Lord, hear us.

People: **Lord, graciously hear us.**

At the end of the prayers:

People: **Amen.**

THE LITURGY OF THE EUCHARIST

*During the hymn the Offerings are presented at the altar
including a collection that will be taken*

The people STAND,

OFFERTORY HYMN

119 The strife is o'er, the battle done

**The strife is o'er, the battle done;
Now is the Victor's triumph won;
O let the song of praise be sung.
Alleluya!**

**Death's mightiest powers have done their worst,
And Jesus hath his foes dispersed;
Let shouts of praise and joy outburst.
Alleluya!**



**On the third morn he rose again
Glorious in majesty to reign;
O let us swell the joyful strain.
Alleluya!**

**He brake the age-bound chains of hell;
The bars from heaven's high portals fell;
Let hymns of praise his triumph tell.
Alleluya!**

**Lord, by the stripes which wounded thee
From death's dread sting thy servants free,
That we may live, and sing to thee.
Alleluya!**

INVITATION TO PRAYER

Priest: Pray, brothers and sisters,
that our sacrifice may be acceptable to God,
the almighty Father.

People: **May the Lord accept the sacrifice
at your hands
for the praise and glory of his name,
for our good,
and the good of all his holy Church.**

PRAYER OVER THE OFFERINGS

Priest: Lord, through faith and baptism we have become
a new creation. Accept the offerings of your people, and
of those born again in baptism, and bring us to eternal
happiness. Grant this through Christ our Lord

All: **Amen.**



THE EUCHARISTIC PRAYER

Priest: The Lord be with you.

People: **And with your spirit.**

Priest: Lift up your hearts.

People: **We lift them up to the Lord.**

Priest: Let us give thanks to the Lord our God.

People: **It is right and just.**

Priest: It is truly right and just, our duty and our salvation, at
all times to acclaim you, O Lord, but at this time above all
to laud you yet more gloriously, when Christ our Passover
has been sacrificed. For he is the true Lamb who has taken
away the sins of the world; by dying he has destroyed our
death, and by rising, restored our life. Therefore, overcome
with paschal joy, every land, every people exults in your
praise and even the heavenly Powers, with the angelic
hosts, sing together the unending hymn of your glory, as
they acclaim:

Choir: Holy, holy, holy Lord God of hosts,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.

The people KNEEL or SIT

Priest: You are indeed holy, and to be glorified, O God,
who love the human race and who always walks with us
on the journey of life. Blessed indeed is your son, present
in our midst when we are gathered by his love, and when,
as once for the disciples, so now for us, he opens the
Scriptures and breaks the bread.
Therefore, Father most merciful, we ask that you send
forth your Holy Spirit to sanctify these gifts of bread and
wine, that they may become for us the Body and Blood of
our Lord Jesus Christ.

On the day before he was to suffer, on the night of the Last
Supper, he took bread and said the blessing, broke the
bread and gave it to his disciples saying:
TAKE THIS, ALL OF YOU, AND EAT OF IT,
FOR THIS IS MY BODY, WHICH
IS GIVEN UP FOR YOU.

In a similar way, when supper was ended, he took the chalice
gave you thanks, and gave it to his disciples, saying: